



Weelicious Lunches: Think Outside the Lunch Box with More Than 160 Happier Meals

Catherine McCord

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Easy, healthy, and fun lunch ideas for every age!

Once kids walk out the door for school, all bets are off. Will your son toss the nutritious food you've included and jump right to the treats? Will your daughter trade her sandwich for her best friend's prepackaged meal? Determined to improve what kids eat both at school and on the go, weelicious.com founder Catherine McCord offers innovative solutions for quick, delicious, easy-to-make, kid-friendly lunch box meals that little ones and their older siblings won't be tempted to swap, including:

- Chicken Satay Bites
- PB&J Pancake Sandwiches
- Pumpernickel Tuna Melt
- Chicken Salad Roll Ups
- Chopped Veggie Salad
- Tomato Soup with Grilled Cheese Croutons
- Carrot Hummus
- Cinnamon Pita Chips
- Chocolate Graham Crackers
- Nature Cookies
- Cinnamon Roll "Sushi" Sandwiches

Filled with lots of great menu planning ideas; tips, tricks, and reusable product suggestions to make lunch fun; inspiring color photographs, advice on dealing with food allergies and so-called picky eaters; and more than 160 tried and true recipes, *Weelicious Lunches* takes lunchtime planning from hassle to joy!

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Jane Cuellar:

This Weelicious Lunches: Think Outside the Lunch Box with More Than 160 Happier Meals book is not really ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is actually information inside this reserve incredible fresh, you will get details which is getting deeper you actually read a lot of information you will get. That Weelicious Lunches: Think Outside the Lunch Box with More Than 160 Happier Meals without we recognize teach the one who reading through it become critical in contemplating and analyzing. Don't always be worry Weelicious Lunches: Think Outside the Lunch Box with More Than 160 Happier Meals can bring if you are and not make your tote space or bookshelves' come to be full because you can have it in the lovely laptop even phone. This Weelicious Lunches: Think Outside the Lunch Box with More Than 160 Happier Meals having good arrangement in word and also layout, so you will not sense uninterested in reading.

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Yolanda Harris:

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