



No More Depression or Anxiety

Gary Null

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Depression and anxiety affect millions of people worldwide and the occurrence rates of these conditions are increasing every day. These disorders can have extremely debilitating effects on those afflicted as well as their family, friends, co-workers, and even those that they encounter in their daily lives. Countless prescriptions are written each day to treat those suffering from depression and anxiety, often with terrible side effects and limited, if any, therapeutic benefit. However, there are proven natural approaches that can dramatically help people suffering from depression and anxiety. In this book, Gary Null, Ph.D., and fourteen of the world's leading integrative medical doctors and psychologists teach you powerful strategies to overcome depression and anxiety naturally. You will learn the real definition and true cause of depression and anxiety. As well as conventional approaches to the treatment of depression and anxiety you are also given powerful natural and holistic treatments. This book will teach you how to stay on track and feel great.

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