



# Suicide and Mental Health (Health and Medical Issues Today)

*Rudy Nydegger Professor Emeritus*

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Delving into a topic of perennial interest and concern, particularly among teenagers, this important volume addresses the full range of issues related to suicide and suggests ways to help those who struggle.

- Examines the topic from a variety of perspectives and provides insights into current issues and controversies, such as doctor-assisted suicide
- Discusses suicide among a variety of age groups and social classes, not just teenagers and college students
- Draws on the author's 40 years of clinical and academic experience as well as on the most up-to-date scholarly and professional literature
- Serves as a gateway to other resources and further study

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