



The Football Coaches' Guide to Clock Management

John Sterner

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This ground-breaking work examines the elements of this most basic and critical, yet often neglected, aspect of the game. Addresses when to manage the clock, determining your team's tempo to open the game, reasons to slow down or kill the clock and reasons to hurry-up or conserve the clock, how to operate both a slowdown and hurry-up tempo, how to take-a-knee, the push, the symbiosis of offense, defense, and special teams, how to practice clock management, and more.

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