



Sometimes You Just Want to Feel Like a Human Being: Case Studies of Empowering Psychotherapy With People With Disabilities

Richard Ruth, Mary Ann Blotzer

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Written by skilled therapists, this incisive resource reveals how counseling can be beneficial to individuals with disabilities of all kinds, including autism, mental retardation, sensory impairment, cerebral palsy, and HIV infection. The authors provide insight into the process of therapy; disclose a range of treatment options; and offer honest accounts of their struggles, setbacks, and successes -- all within a framework of fundamental psychotherapeutic principles.

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