



The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots

Kristina Seleshanko

[Download now](#)

[Click here](#) if your download doesn't start automatically

The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots

Kristina Seleshanko

The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots

Kristina Seleshanko

An Amazon #1 Bestseller!

Become a dandelion hunter! 148 dandelion recipes for breakfast, lunch, dinner, snacks, and even dessert!

What if someone told you **one of the world's most nutritious foods** is also tasty, can be cooked many different ways, is easy to find, and is totally free? I know what I'd do: I'd run out and grab some! Well, the good news is, there is such a food: Dandelions. Yes, those pesky weeds with bright yellow flowers you've grown up thinking are the enemy of perfect lawns are actually food – brought to North America by immigrants who knew how valuable they are.

Every part of the dandelion is edible:

* **Dandelion greens recipes are common throughout Europe** and often used in salad, quiche, lasagna and other pasta dishes, and many other familiar and less-familiar dishes.

* **The honey-like flowers are a healthy and tasty** addition to bread, omelets, pancakes, and more – plus they make delectable dandelion wine, dandelion jelly, and dandelion wine.

* **The buds are often pickled or added to stir fries** and other dishes.

* **The stems can be eaten like noodles.**

* **And the roots add coffee flavor to everything** from ice cream and cakes to drinks. And let's not forget dandelion root tea!

The Ultimate Dandelion Cookbook offers 148 recipes, plus expert advice and tips, for cooking all parts of the dandelion – **one of nature's best free foods. Black and white interior photos.**

"5 Stars. Here is what we had for dinner last night: Dandelion noodles, picked with revenge in my garden, and eaten up with zest! So great, and so easy to make this recipe from the brand-new Ultimate Dandelion Cookbook. You can see pictures on my blog."

--Caleb Warnock

author of *Backyard Winter Gardening* and other books

"5 Stars. Kristina Seleshanko has created a wonderful collection of enticing recipes, all featuring those yellow-top, front yard pests: dandelions. She includes some rather expected dishes, like omelets, salads and soups. Other recipes, however, are likely to catch readers off guard, like pizza, soda, jellies, wine and even ice cream and cookies! What I enjoy most about this cookbook is the abundance of education. The author includes valuable nutritional information, but also instructions on how to

harvest dandelions, how to preserve them and store and what alters the taste of these greens. She's obviously very knowledgeable. All in all, this book is an excellent value at a great price."

--Tanya Dennis

Writer & Editor

"5 Stars. What a fantastic book! I have seen dandelion recipes here and there, and am determined to try my hand at dandelion cordial, but this book has it all. The author went to great pains to give a very comprehensive book on dandelions in every form. With this book you will learn to use every part of the dandelion to make foods and beverages for every meal of the day. If you are interested in frugal living or just trying something a little different, get this book and get out in the yard and start picking!"

--Jennifer Shambrook

Author of *I Can Can Chicken!*

 [Download The Ultimate Dandelion Cookbook: 148 recipes for d ...pdf](#)

 [Read Online The Ultimate Dandelion Cookbook: 148 recipes for ...pdf](#)

Download and Read Free Online The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots Kristina Seleshanko

From reader reviews:

Marvin Gamez:

This book untitled The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots to be one of several books that best seller in this year, this is because when you read this book you can get a lot of benefit into it. You will easily to buy that book in the book retail outlet or you can order it through online. The publisher of this book sells the e-book too. It makes you more easily to read this book, since you can read this book in your Cell phone. So there is no reason for your requirements to past this guide from your list.

Richard Moyer:

A lot of people always spent their own free time to vacation or go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. In order to try to find a new activity this is look different you can read a new book. It is really fun for you personally. If you enjoy the book that you read you can spent all day every day to reading a guide. The book The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots it doesn't matter what good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to develop this book you can buy often the e-book. You can m0ore very easily to read this book through your smart phone. The price is not very costly but this book provides high quality.

Catherine Hudson:

The reason? Because this The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will zap you with the secret the item inside. Reading this book next to it was fantastic author who also write the book in such remarkable way makes the content within easier to understand, entertaining way but still convey the meaning completely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This book will give you a lot of gains than the other book have got such as help improving your proficiency and your critical thinking means. So , still want to hesitate having that book? If I have been you I will go to the book store hurriedly.

Terry Burrows:

Many people spending their time period by playing outside together with friends, fun activity with family or just watching TV 24 hours a day. You can have new activity to invest your whole day by reading a book. Ugh, do you think reading a book can really hard because you have to bring the book everywhere? It alright you can have the e-book, delivering everywhere you want in your Smart phone. Like The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots which is keeping the e-book version. So , why not try out this book? Let's notice.

Download and Read Online The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots Kristina Seleshanko #73M0TKFDGCU

Read The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots by Kristina Seleshanko for online ebook

The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots by Kristina Seleshanko Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots by Kristina Seleshanko books to read online.

Online The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots by Kristina Seleshanko ebook PDF download

The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots by Kristina Seleshanko Doc

The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots by Kristina Seleshanko Mobipocket

The Ultimate Dandelion Cookbook: 148 recipes for dandelion leaves, flowers, buds, stems, & roots by Kristina Seleshanko EPub