



AARP Roadmap for the Rest of Your Life: Smart Choices About Money, Health, Work, Lifestyle ... and Pursuing Your Dreams

Bart Astor

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
WASHINGTON POST Bestseller List 3/30/14

Solid solutions and step-by-step instructions for planning the next stage of your life

Life after 50 isn't what it used to be. The rules have changed. No more guaranteed pensions, retiree health plans, or extensive leisure and travel. It's time to forge new paths and create innovative models. That's where the *AARP Roadmap for the Rest of Your Life* comes in. Bart Astor, author of more than a dozen books, offers a comprehensive guide for making lifestyle decisions, growing your nest egg, and realizing your goals. This AARP book—

- Provides guidance on the key areas you'll need to consider: finances and work, health and fitness, Medicare and Social Security, estate planning, insurance, housing, and more
- Offers expert tips on creating age- and health-specific goals through a personal "Level of Activity" scale based on how active you can and want to be
- Includes tips for finding fun and fulfilling activities and even completing your bucket list
- Supplies ready-to-use worksheets to help you set and meet financial planning goals, get your legal affairs in order, and maintain adequate health insurance
- Contains a comprehensive list of valuable resources

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Sherry Holsey:

Playing with family in a very park, coming to see the ocean world or hanging out with close friends is thing that usually you could have done when you have spare time, subsequently why you don't try thing that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love AARP Roadmap for

the Rest of Your Life: Smart Choices About Money, Health, Work, Lifestyle ... and Pursuing Your Dreams, you could enjoy both. It is very good combination right, you still desire to miss it? What kind of hang-out type is it? Oh seriously its mind hangout guys. What? Still don't buy it, oh come on its referred to as reading friends.

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