

# From Stuckness to Growth: Enneagram Coaching (Enneagram, MBTI & Anthony Robbins-Cloe Madanes HNP): How to read your coachees and transform their lives

Yechezkel Madanes, Ruth Madanes

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### From Stuckness to Growth: Enneagram Coaching (Enneagram, MBTI & Anthony Robbins-Cloe Madanes HNP): How to read your coachees and transform their lives

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This immensely practical book offers coaches, consultants, trainers, and therapists the necessary tools to transform their careers using the Enneagram, a sophisticated personality types system, as a basis for effective interventions.

Packed with dozens of powerful ideas and creative strategies that can be put to use right away in your practice, this rich, comprehensive resource will help you learn:

- How to coach each of the nine personality types
- How to help each type shift from stuckness to growth
- How to work with each type's cognitive distorting filters
- How to use the Enneagram with the Robbins-Madanes model
- How to use the Enneagram with the Myers-Briggs Type Indicator
- How to help each Type overcome its key developmental obstacles, and much more...



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