



Family Centered Parenting: Your Guide for Growing Great Families

Richard C. Horowitz

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Children don't arrive with an instruction book. Raising children and providing for their physical as well as emotional needs is a difficult job for which we receive little training. It should not be surprising that parenting has become isolating, frustrating and often robs both parent and child of the joy and satisfaction of this critical life experience.

We often approach parenting reflexively, relying on what we learned from how we were parented. "Family Centered Parenting" offers families a model which will help parents develop a parenting style that reflects their unique values while providing guidelines, strategies and specific tools necessary to make thoughtful decisions about their parenting options.

"Family Centered Parenting" is more than just a narrative, it contains real-life examples, dialogues and activities to help parents refine their skills and grow in confidence as they navigate the parenting journey.

"Family Centered Parenting" is more a process than a program and is sufficiently flexible to be adapted to a variety of family situations--single parents, special needs children, gifted and talented children, blended families and ranges in age of children.

"Family Centered Parenting" implementing effective communication principles, strategies to hold essential family meetings, discipline techniques that stress individual responsibility and information on responding to unique family needs. The ultimate goal of "Family Centered Parenting" is to create a family structure which is empowering to both parent and child and leads to a harmonious and joyful family life.

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Marguerite Boutte:

Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their spare time with their family, or their own friends. Usually they performing activity like watching television, likely to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could possibly be reading a book may be option to fill your free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the publication untitled Family Centered Parenting: Your Guide for Growing Great Families can be great book to read. May be it can be best activity to you.

Gerald Sosa:

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Emma Peterson:

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