



What's Next In Your Life? How to Find Meaning Beyond the Money - A Boomer's Guide to a New Retirement

Joan Strewler-Carter and Stephen Carter

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What's Next in Your Life?, a guide to the non-financial aspects of retirement, is written to appeal to the nation's 76 million baby boomers who need the tools to plan for a more fulfilling and rewarding life after 50.

The book was written by Joan Strewler-Carter and Stephen Carter, co-founders of the Life Options Institute, an organization devoted to helping people plan for life after age 50.

The media continues to hammer the message of planning for your financial retirement, when there are so many non-financial issues to be considered including: at what age do you retire, do you continue working, do you relocate, wellness issues, etc., says Strewler-Carter.

Written in a simple and direct style that presents information quickly and clearly, *What's Next in Your Life?* is easy to read yet covers a great deal of important material. It includes personal anecdotes from people facing retirement or already retired to illustrate critical points.

Internationally recognized authorities on career and life planning, the Carters provide guidelines on how to approach retirement, present several options, and offer advice and how-to steps that help to explain the non-financial aspects of retirement.

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