



The CAT-Kit: Cognitive Affective Training: New Program for Improving Communication!

Tony Attwood, Kirsten Callesen, Annette Moller Nielsen

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The CAT-Kit: The Cognitive Affective Training Program for Improving Communication by Dr. Tony Attwood, Kirsten Callesen, and Annette Moller Nielsen world-renowned expert on Asperger's Syndrome, Dr. Tony Attwood, has created a powerful yet user-friendly tool that gets straight to the core of the thoughts and emotions behind behaviour. The CAT-Kit offers an easy, hands-on way for young people to communicate with adults, and each other. It is a program that consists of visual, interactive, and customisable communication elements for children and young adults. Students become aware of how their thoughts, feelings, and actions all interact and, in the process of using the various visual components, they share the insights with others. It is an easy and effective way to work with neurotypical children as well as with people with developmental disabilities. The program has been proven valuable with teachers, counsellors, parents, therapists, and other professionals. Includes a binder with 55-page manual, 10 dry erase visual tools, and over 90 feelings with corresponding faces and words.

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