



How to Stay Awake, and 30 ways to beat daytime fatigue

Evelyn Key

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Want to stay awake late at night? Wish you could overtake sleep because you have to work or study? The day seems too long and boring, while your eyelids feel heavier and heavier? In this book, you will find several ideas, quite helpful against the occasional drowsiness, simple and yet powerful enough to defeat Hypnos - the God of Sleep! Stay Awake and be creative!

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