



# **Herbal Antibiotics: Earths Own Natural Homemade Remedies and Herbal Recipes for Improving Health, Preventing Illness and Curing Infections, Allergies and Common Illness**

*Roselyn Heart*

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Getting sick is a part of life. There is nothing that can be done that will 100% guarantee that we will not get sick.

If there were, everyone would go out and purchase a bulk order of the product or solution.

Since this is not possible, people often have to rely on store bought medicines in order to stay healthy or to get their health back if they happen to be sick already.

While this is an easy practice, there are often a lot of extra chemicals and ingredients in these store bought medicines that are not all that great for the body.

For example, many of these medicines will have extra sugars put in them in order to help the taste.

There is no reason to be putting all this extra sugar into your body, especially when you are sick.

In addition, with all of the allergies that are out there, it can be difficult to find a medicine if you are trying to stay low carb, gluten free, or allergy free in another way.

Millions of Americans rush home after work, wondering what they will feed their families. They may be exhausted from their full day and then have to run off to other family activities for the night. It can be difficult to figure out what meals will fill the family up. Most of these families will take the easy route and take their families to a fast food restaurant on their way to the next event. This idea can get really expensive and is horrible on the health for everyone in the family.

Instead of falling into this rut, check out this cookbook instead.

It is part of a line of cookbooks meant to make your supper decision much easier.

Inside are recipes that you can pick up after work and get a meal on the table for your family in no time.

Check it out and see just how tasty and easy making dinner for your family can be!

Some of the remedies contained in this book:

Headaches

Skin Infections

Arthritis

Bee Stings

Tags: Herbal Antibiotics, Herbal Remedies, Herbal Medicine, Natural Remedies, Natural Cure, Allergy Relief, Herbal Antivirals

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