



Playing Outside: Activities, ideas and inspiration for the early years

Helen Bilton

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Making outdoor teaching and learning work in practice is now a key priority for all early years practitioners.

Playing Outside provides clear and detailed guidance on all aspects of outdoor play illustrated with over 100 colour photographs. This bestselling book has been fully updated throughout to incorporate the Early Years Foundation Stage and includes completely new photographs, case studies and ideas for resources.

To help promote physical activity, healthy and well educated children this book provides:

- practical activities that cover all aspects of learning;
- photographs illustrating good practice and imaginative use of equipment;
- examples of work from a range of settings;
- help and advice on suppliers of equipment.

Written for all practitioners working in schools, nurseries and pre-school settings, this book is essential reading for those who wish to provide inspiring outdoor play opportunities for the children in their care.

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