



Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition)

Sophia J Ferguson

Download now

[Click here](#) if your download doesn't start automatically

Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition)

Sophia J Ferguson

Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) Sophia J Ferguson

At last we have a book which focuses exclusively on stool withholding in children and how to overcome it. Inspired by the author's experience of this issue with her own son, this easy-to-understand guide gives detailed advice on every aspect of stool withholding including soiling (encopresis), toilet training, laxative medication and constipation.

Stool withholding is most common in two to four year olds but it can also affect school-age children. It is often triggered by an episode of painful constipation. The child then becomes so terrified of experiencing this pain again that they hold on to their poop for days, even weeks, at a time. Just to add to the misery, stool withholding often causes children to soil their underwear. This bewildering problem can sometimes feel like a form of daily torture, not just for the child but for the whole family. Unless you've experienced this with your own child, it's difficult to imagine just how distressing it can be.

After reading this, parents will have a straightforward plan of action, with lots of tips and strategies to try at home. The book also contains useful information about the laxative MiraLAX, with guidance on appropriate doses. The advice given is backed up by research, as well as the experiences of the author and other parents who have had to deal with this issue.

Aimed primarily at parents, this guide should also be essential reading for healthcare professionals, teachers and anyone else who works with, or cares for children. Stool withholding is still a widely misunderstood issue. If awareness and understanding of this subject is increased, many families could be spared this distressing problem.

About the Author

Sophia Ferguson has a degree in Psychology, a Masters in Applied Social Research and a great interest in all things medical and psychological.

You can contact her at: www.stoolwithholding.com

Reviews from the UK Edition "Stool Withholding: What To Do When Your Child Won't Poop!":

"Having consulted 5 different medical practitioners about my child's issues reading this book was like a breath of fresh air and a ray of hope. It has helped me understand my child's issues differently and, after 18 months of shared anxiety, supported us in making some important positive steps with our GP in helping solve the problem in the medium to long term." S

"Our three and a half year old Daughter had been stool withholding for over a year and it had a terrible affect on all of us. We thought she would eventually outgrow the problem but after a year it was obvious this wasn't going to happen. We had tried all sorts to encourage her but nothing worked. This book has saved us! I cannot recommend it enough. We followed the advice and now our Daughter is sitting on the toilet every night and pooping!" ND

"Fantastically helpful. Best advice we have come across on the subject - and we have seen health 'professionals'! Highly recommend this book." KC

"Brilliant! Wow. This book is fantastic. Cannot fault it in any way. I was starting to lose hope that my 3 year old would get over her issue with this but this book made me realise we're not alone & gave me a plan to follow that even the GP couldn't help with. If you have a child with this problem, please please please buy this book!" JH

"Such a relief to know I'm not the only one trying to figure this out. Thank you so very much for writing this in a clear and concise way, not too much jargon which meant that despite being stressed about it all I still took in all the advice and support being offered. Highly recommended." GDM

 [Download Stool Withholding: What To Do When Your Child Won' ...pdf](#)

 [Read Online Stool Withholding: What To Do When Your Child Wo ...pdf](#)

Download and Read Free Online Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) Sophia J Ferguson

From reader reviews:

Jason Urso:

Why don't make it to become your habit? Right now, try to ready your time to do the important work, like looking for your favorite book and reading a publication. Beside you can solve your short lived problem; you can add your knowledge by the publication entitled Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition). Try to make book Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) as your buddy. It means that it can to be your friend when you experience alone and beside associated with course make you smarter than before. Yeah, it is very fortunated for you. The book makes you much more confidence because you can know almost everything by the book. So , let us make new experience as well as knowledge with this book.

Sally Watts:

As people who live in the modest era should be update about what going on or facts even knowledge to make these people keep up with the era that is always change and move forward. Some of you maybe can update themselves by examining books. It is a good choice for you personally but the problems coming to anyone is you don't know which you should start with. This Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) is our recommendation to help you keep up with the world. Why, since this book serves what you want and want in this era.

Charlie Smith:

Spent a free time and energy to be fun activity to perform! A lot of people spent their free time with their family, or their own friends. Usually they undertaking activity like watching television, about to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Might be reading a book could be option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the book untitled Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) can be great book to read. May be it could be best activity to you.

James Holmes:

People live in this new time of lifestyle always aim to and must have the extra time or they will get wide range of stress from both way of life and work. So , when we ask do people have extra time, we will say absolutely without a doubt. People is human not only a robot. Then we consult again, what kind of activity do you possess when the spare time coming to a person of course your answer will certainly unlimited right. Then ever try this one, reading guides. It can be your alternative with spending your spare time, often the book you have read will be Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition).

**Download and Read Online Stool Withholding: What To Do When
Your Child Won't Poop! (USA Edition) Sophia J Ferguson
#XAD8SB6WYGQ**

Read Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) by Sophia J Ferguson for online ebook

Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) by Sophia J Ferguson Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) by Sophia J Ferguson books to read online.

Online Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) by Sophia J Ferguson ebook PDF download

Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) by Sophia J Ferguson Doc

Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) by Sophia J Ferguson Mobipocket

Stool Withholding: What To Do When Your Child Won't Poop! (USA Edition) by Sophia J Ferguson EPub