



All The Days Of My Life (so Far)

Alison Sweeney

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You think your life is nuts?

Since I was sixteen, I've spent time on Death Row, tried to sell my baby sister on the black market, been stranded at the altar (repeatedly), lied about my son's paternity, and fought viciously with just about everybody in town. Well, okay, it wasn't really me--it was my character, Sami Brady on *Days of Our Lives*. But like Sami, I've had my share of struggles. I've been told I was fat, watched fellow actresses starve themselves, been cruelly rejected, and wondered if I would ever date. (Hey, the first time I kissed a boy was in front of a TV camera!) There was even a time when I hated myself.

Sound familiar?

This is my story. It's an account of my years on daytime's most popular soap, and of my life off-screen--the major ups and downs, the craziness of Hollywood, balancing work and play, looking for love, concerns about weight, peer pressure, and finally learning to accept myself for who I am. I'll tell you fun stories about myself and my co-stars. . .recollections of my most memorable scenes. . .and everything you've always wanted to know about Sami. I think you'll find a lot in these pages that will remind you of all the days of your life. . .and perhaps inspire you to follow your own dreams in the days to come.

Alison Sweeney was born in Los Angeles, one of three children of a concert violinist mother and a business investor father. Her acting career began when she was four years old. Throughout her childhood, Alison appeared in numerous television commercials, as well television series including *Friends*, *Simon & Simon*, *Webster*, *St. Elsewhere*, and *Tales from the Darkside*. She had starring roles in the films *The Price of Life* and *The End of Innocence*.

Alison joined the cast of *Days of Our Lives* as Sami Brady in 1993. In her years on the series, her character has evolved from a troubled teenager to a scheming villainess. In 2002, Alison won a fan-voted Emmy as America's Favorite Villain. She has also won the fan-voted *Soap Opera Digest* Award four times, and in 2001 was elected by the same publication as one of the Most Beautiful Women in Daytime Television. *Soap Opera Weekly* named Alison 1999's Breakout Performer of the year, and in Australia, she was voted "Best Bad Girl" in 2000 and 2001 by readers of *Inside Soaps* magazine.

Alison lives in a suburb of Los Angeles with her husband, Dave.

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