

New Years Resolutions - Discover How To Remain Committed To Your Goals And Achieve All Your Goals For The New Years (New Years Resolution Guide, New Years ... New Year Achievement, New Year Tips)

Sharlene Snow

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The Best Guide To Achieve Your New Year Goals

New Years Resolution

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Every year we have an opportunity to make ourselves into whatever we want to be. It's a great chance to start fresh and evaluate our goals for the people we want to be. Unfortunately, it's also a chance for people who have a difficult time with follow through to make promises to themselves that they don't keep. For some, New Years is a great and promising time of the year, while for others, it can be daunting and bring back a sense of shame and guilt that resonates from previous years of broken promises and unfulfilled goals. Which group do you fit into? Or maybe you are a happy medium and have had the chance to fulfill some goals while being unable to complete others. Whichever group you belong to, this book is designed to help you achieve your dreams and become the person you want to be. Don't wait until next year to start trying to change your life – you can do it right now, and if you want to start your goal on New Years, we're going to help you achieve it!

7 Reasons To Buy This Book

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- = > 2. This Book Is Straight Forward And Gets To The Point
- = > 3. It Has A Great Concept
- = > 4. Learn What You Need To Know FAST!
- => 5. Don't Waste Hours Reading Something That Won't Benefit You
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- How To Track Your Progress
- How To Keep Yourself Motivated
- How To Break Down Your New Years Resolution
- How To Choose Your Goal To Stay Enthusiastic For All Year Long

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