

El Secreto De Las Siete Semillas: El Equilibrio Entre La Empresa Y La Vida (The Secret of the Even Seeds: The Balance Between Business and Life)

David Fischman

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El Secreto de las Siete Semillas cuenta del éxito de empresario y escritor David Fischman la lucha con su fuera de control la vida. En este libro fascinante e instructivo, revela su historia personal a través de la ficción Ignacio Rodríguez. Ignacio es de 40-algo-out empresario destacó que es totalmente abrumado-corre el riesgo de un ataque al corazón, está perdiendo dinero en su negocio, donde la moral de los empleados se encuentra en un mínimo histórico, y no tiene tiempo o energía para su familia. En primer lugar, hace caso omiso de estos problemas, pensando que si sólo trabaja más duro, las cosas van a mejorar todos. Como era de esperar, su vida pronto se le va de control. Su médico le recomienda que trate de meditación para recuperar el equilibrio en su vida. Ignacio-que se considera un escéptico-guía espiritual, que ayuda a sanar Ignacio encontrando su camino en el secreto de las siete semillas. Las siete semillas representan el camino hacia el éxito y el equilibrio en la vida: conocimiento de sí mismo, la meditación, egolessness, servicio a los demás, la bondad, el equilibrio y la libertad. ENGLISH TRANSLATION: In this fascinating and instructive book the author reveals his personal history through fiction Ignacio Rodríguez. Ignacio is 40-something stressed-out entrepreneur who is completely overwhelmed. First, he ignores these problems, thinking that if only works harder, things will improve everyone. As expected, his life quickly gets out of control. His doctor recommended that you try meditation to regain balance in your life. Ignacio, which is considered a skeptic, spiritual guide, who helps heal Ignacio finding its way into the secret of the seven seeds. The seven seeds represent the path to success and balance in life: self-knowledge, meditation, egolessness, service to others, kindness, balance and freedom.

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