



Simplify: Using The Lost Art Of Simplicity To De-Clutter And De-Stress Your Life: The Everyday Genius Series

Noreen Malkov

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Are You Tired Of Being Stressed Out And Overwhelmed?

You're about to discover how to easily simplify your life and reduce stress.

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- What the real source of your stress actually is
- How to live in the moment
- How to focus on what really matters
- How to live the simple life
- Tips on how to simplify your finances
- Can we really multitask?
- Much, much more!

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The quest for the simple life does not have to be an impossible journey. It really is within your reach. By applying the simple strategies outlined in this book you will be able to easily organize many of the most important areas of your life

Tags: Simplify, Organize, Stress, Declutter, De-clutter, Peace, life, living, less, simple

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