



**[(Reversing Diabetes)] [Author: Don Colbert]
published on (March, 2012)**

Don Colbert

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It is possible to manage and even reverse diabetes through natural means, and in "Reversing Diabetes," Dr. Colbert shows you how. Most people view diabetes as a dead-end street. Once you receive a diabetes diagnosis, your only option is to manage the symptoms with a restricted diet, close monitoring of blood sugar, and expensive medications. Dr. Colbert shows that diabetes can be treated instead through safe, natural means, like healthy food and vitamins rather than strictly relying on prescription drugs. He shows you how to manage your weight and your glucose intake with a whole-body approach, using nutritional supplements along with dietary and lifestyle changes to lose weight, repair cell damage, improve insulin function, and reduce the side effects from prescription drugs, many of which rob nutrients from the body and cause additional symptoms. Based on the same life-changing principles of the low-glycemic, high-fiber eating plan provided in Dr. Colbert's "New York Times" best-selling book, "Dr. Colbert's "I Can Do This" Diet," this book adapts that plan in a way that makes it ideal for diabetics who need to manage their glucose levels and their weight. "Siloam, an imprint of Charisma House Book Group, is the leader in the Christian health and fitness genre, with several best-sellers...including Don Colbert's The Bible Cure series." -- "Christian Retailing" "Physician Don Colbert Preaches The Gospel Of Good Nutrition, Advising His Patients To Follow In The Footsteps Of One Of History's Better-known Role Models." --"Orlando Sentinel"

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This [(Reversing Diabetes)] [Author: Don Colbert] published on (March, 2012) book is not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book will be information inside this publication incredible fresh, you will get details which is getting deeper an individual read a lot of information you will get. This kind of [(Reversing Diabetes)] [Author: Don Colbert] published on (March, 2012) without we comprehend teach the one who studying it become critical in imagining and analyzing. Don't end up being worry [(Reversing Diabetes)] [Author: Don Colbert] published on (March, 2012) can bring when you are and not make your bag space or bookshelves' grow to be full because you can have it with your lovely laptop even mobile phone. This [(Reversing Diabetes)] [Author: Don Colbert] published on (March, 2012) having very good arrangement in word in addition to layout, so you will not sense uninterested in reading.

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Judith Ellis:

Is it anyone who having spare time in that case spend it whole day by watching television programs or just lying down on the bed? Do you need something totally new? This [(Reversing Diabetes)] [Author: Don Colbert] published on (March, 2012) can be the answer, oh how comes? It's a book you know. You are therefore out of date, spending your spare time by reading in this fresh era is common not a geek activity. So what these textbooks have than the others?

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