



# **Empowerment for Self-Healing: Self-Empowerment for healing the Mind, Body and Spirit Through Love, Compassion and Internal Wisdom**

*Rhonda L. Boggess M.Ed*

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## **Empowerment for Self-Healing: Self-Empowerment for healing the Mind, Body and Spirit Through Love, Compassion and Internal Wisdom Rhonda L. Boggess M.Ed**

Empowerment for Self-Healing is designed to help you expand your own awareness of healing. This course is a self-guided program designed to lead you to your vision of inner healing. The mind, body and spirit connection is essential in holistic healing. This program will allow you the chance to self-discover that which is blocking your healing. By making the connection between mind, body and spirit you will find answers to long unresolved questions.

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