



Budo Training in Aikido

Morihei Ueshiba

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Budo Training in Aikido was originally published as Budo Renshu in 1933, and remains the first and foremost resource on the topic. Since the art of Aikido has splintered into many different factions there is a developing trend to return to its "roots" and Budo Training in Aikido will appeal to this growing number of Aikido purists. Written by the founder of modern Aikido this reissue provides the full text of the original with minor editorial corrections (obvious errors have been corrected to match the 424 original illustrations). The principles and essence of technique (standing and rear, sitting, half-sitting, and others) are explained in detail with technical illustrations throughout. Budo Training in Aikido provides an all-encompassing and essential guide to modern Aikido.



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