



Teppanyaki Barbecue: Japanese Cooking on a Hotplate

Hideo Dekura

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"Teppanyaki Barbecue" is the first English language book devoted to Teppanyaki, a traditional Japanese method of cooking on a hotplate. The modern style of Teppanyaki evolved in post World War II Kyoto when people in the bombed out areas collected scrap metal from the debris and used it to cook their food on, over open fires. This style of cooking easily translates to the modern western barbecue and Hideo Dekura presents a range of exciting recipes to tempt anyone's palate.



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