



The Snake and the Four Winds ~ Nachash v' Arba Ruchot:: Jewish Entrances into the Indigenous Mind ~ A Journey of Memory and Healing

Dr Illana L Berger

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The Snake and the Four Winds explores the ancient tribal traditions, ritual, ceremonies and mind of the ancient tribal Jews called Ivrim. Dr. Berger shares with the reader a new way of understanding Judaism as a tribal tradition. Resourcing the Kabbalah, Torah, Talmud and the teachings of the ancient shamans Illana brings a new vision to the Jewish tradition. The book takes you into the world of Ancestors, ancient meditation practices, Jewish shamanic practices, Jewish healing and a process of remembering that is quite profound. The vision for this book is to revive the traditional tribal ways of the ancient Jewish culture and to re-awaken the balance of the masculine and feminine aspects of wisdom, knowledge, and Divinity inherent in Jewish traditional ways of life. It is intended to affect and stimulate the healing of the soul through a process of remembering the old ways of being/knowing embraced by ancient Jewish people. It is designed to inspire the cultural and ancestral memory of readers to become conscious of their connection to the living world just as their ancient ancestors did and begin to cultivate this consciousness and awareness in their daily lives. The Snake and the Four Winds is a book also a personal story that contextualizes the author's life and the changes that have transpired during the course of her life within the shamanic tribal tradition of the Jewish culture. These narratives also chronicle the lives of her Ancestors . Using indigenous science and methods for remembering her indigenous mind, Illana discovered a deep and profound healing in her own life. This book carries the stories of her journey, the teachings of her ancestors, elders, mentors, guides, G-ds, and G-ddesses and embodies the story of her own healing, from colonization, within the healing paradigm of her ancient Ancestral tradition.

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